



Yifood

頤珍宮膳草本茶包

Herbal tea bag



Yifood
Herbal tea bag

<https://www.yifood.com.tw/>

YIFOOD is a brand that combines traditional Chinese herbal medicine with Western herbs and modern wellness trends. We have developed 11 functional herbal teas and 17 herbal soup packs, using a patented nano-extraction process. This technology breaks down herbal cell walls, nucleus and restructures them at a nano level, increasing surface area and maximizing nutrient release. As a result, cooking time is reduced by over 60%, making our products quick and easy to prepare.



Product certification, Factory certification, Patented nano-extraction process



Vegan



Caffeine Free



Non GMO



No sugar Added



Plant Derived



No Additives



More info



Line@



Official page



Facebook



Yifood



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Store hours :

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Herbal Tea - 2 ways to use



大棗養心好眠茶飲
Jujube Fruit good sleep herbal tea

1. 幫助入睡
Assists with quality of sleep
2. 安定身心
Supports mental wellbeing
3. 紓壓放鬆
Helps to relieve stress



益母草祛經茶(剖腹產)
Motherwort Herb blend tea
(For C-Section Mom/menstrual care women)

1. 去瘀淨化
Cleanses postpartum lochia
2. 產後修護
Maintains body health
3. 月月潔淨
Assists with postpartum recovery



青木瓜豐汝滋養茶
Green Papaya with Collagen herbal tea (breast care)

1. 產後哺育
Supports breastmilk feeding
2. 堅挺自信
Naturally beautiful
3. 波動迷人
Charming and confident



黑豆杜仲健體茶飲
Black Beans & Eucommia Bark herbal tea

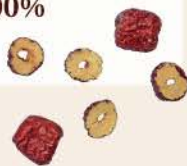
1. 晶亮靚目
Radiant eyes and eye care
2. 滋補強身
Assists with body strength
3. 增強體力
Boosting energy



忘憂玫瑰草本茶
Relaxing rose herbal tea

1. 穩定情緒
Benefit during times of stress
2. 消除煩躁
Supports stress response
3. 經期呵護
Assists with menstrual care

This product is suitable for daily health care and tea time, made from 100% natural herbs.



Herbal Tea - 1pcs / bag



牛蒡養生保健茶
Great Burdock Achene herbal tea

1. 日常保養
Maintains general wellbeing
2. 使排便順暢
Improve bowel regularity
3. 幫助維持腸胃道機能
Gut function support



黃耆枸杞當歸茶
Astragalus Root engery boosting herbal tea

1. 日常保養
Maintains general wellbeing
2. 調節生理機能
Supports vitality
3. 元氣補充
Immune support



山楂陳皮理氣茶
Hawthorn Fruit herbal tea

1. 幫助消化
Support digestion
2. 去油解膩
Oil-absorbing
3. 體重管理
Weight management



益母草復舊茶飲(自然產)
Motherwort Herb blend tea (For natural delivery Mom)

1. 去瘀代謝
Cleanses postpartum lochia
2. 調節生理機能
Maintains body health
3. 產後修護
Assists with postpartum recovery



決明子清熱茶飲
Cassia Seed heatless herbal tea

1. 排便順暢
Smooth bowel movements
2. 解渴退火
Thirst-quenching
3. 降火氣清熱
Heat relief



止渴元氣美容茶飲
Beauty and healthy herbal tea

1. 生津解渴
Heat relief&thirst-quenching
2. 幫助維持腸胃道機能
Gut function support
3. 養顏美容
Beauty maintenance

2 ways to use 5pcs / bag



- 1 tea bag with 500cc water.



- 5 tea bags with 2000cc water.

1pcs / bag



- 1 tea bags with 2000cc water.





Yifood

頤珍宮膳草本燉包

Herbal soup blend



黃金蟲草養生燉包

Cordyceps militaris herbal soup blend



1. 調節生理機能
Helps to maintain general wellbeing
2. 養顏美容
Supports healthy glowing skin
3. 提升保護
Supports immune system health



Serving suggestion

枸耆元氣滿分燉包

Wolfberry Fruit herbal soup blend



1. 日常保養
Maintains daily body wellbeing
2. 晶亮靚目
Radiant eyes and eye care
3. 元氣補充
Boosting energy



Serving suggestion

益母草淨化代謝燉包

Motherwort Herbal soup blend



1. 去瘀代謝
Cleanses postpartum lochia
2. 調節生理機能
Maintains body health
3. 產後修護
Assists with postpartum recovery



Serving suggestion

八珍加味養生燉包

Eight-Gem herbal soup blend



1. 產後雙補
Postpartum nourishment
2. 經後調理
Post menstrual conditioning
3. 調節生理機能
Helps to maintain general wellbeing



Serving suggestion

牛蒡養生元氣燉包

Great Burdock Achene healthy herbal soup blend



1. 日常保養
Maintains daily body wellbeing
2. 健康維持
Health maintenance
3. 幫助維持腸胃道機能
Supports gut health



Serving suggestion

杜仲強身健體燉包

Eucommia Bark herbal soup blend



1. 滋補強身
Assists with body strength
2. 關節保養
Maintains joint health
3. 促進循環
Promote bodily circulation



Serving suggestion

顏容玉竹參氣燉包

Polygonatum odoratum with Pilose Asiabell Root herbal soup blend



1. 養顏美容
Supports healthy glowing skin
2. 紅潤氣色
Rosy complexion
3. 經期呵護
Menstrual care



Serving suggestion

五子固本益氣燉包

Five Seeds herbal soup blend



1. 滋補強身
Assists with body strength
2. 提高活力
Support energy production
3. 保養生理機能
Helps to maintain general wellbeing



Serving suggestion



王不留行豐沛燉包

Cowherb Seed herbal soup blend
(Breastfeeding)



1. 產後哺育
Supports healthy glowing skin
2. 豐沛順暢
Helps to lactation smoothly
3. 源源不絕
Assists with breastmilk supply

Serving suggestion



青木瓜淮山通汝燉包

Green papaya with Dioscorea polystachya
herbal soup blend



1. 波動迷人
Boost confidence of body imagine
2. 豐沛順暢
Supports breastmilk production
3. 產後哺育
Helps to prevent mastitis

Serving suggestion



杜仲四物滋養燉包

Four Substances with Eucommia Bark
herbal soup blend



1. 產後補養
Postpartum nourishment
2. 經後調理
Post-menstrual conditioning
3. 滋補強身
Assists with body strength

Serving suggestion



十全溫潤大補燉包

Ten Essence herbal soup blend



1. 深層滋補調理
Deep nourishing conditioning
2. 營養補給
Nutritional supplementation
3. 增強體力
Supports vitality

Serving suggestion



首烏滋養烏髮燉包

Nourishing and black hair herbal soup blend



1. 產後調養
Postpartum recovery
2. 豐盈養髮
Supports hair nourishment
3. 滋補強身
Assists with body strength

Serving suggestion



伏神天麻安神燉包

Gastrodia tuber herbal soup blend



1. 舒壓好眠
Helps relax and fall asleep
2. 安定情緒
Benefit during times of stress
3. 穩定思慮
Supports stress response

Serving suggestion



四神紅潤當歸燉包

Four Spirits herbal soup blend



1. 婦科保養
Assists with gynecological care
2. 經後調養
Maintains post-menstrual conditioning
3. 產後補養
Supports postpartum nourishment

Serving suggestion



通竅天麻安神燉包

Gastrodia Tuber herbal soup blend



1. 提高專注
Supports healthy mental performance
2. 安定情緒
Supports during times of stress
3. 穩定思慮
Maintains mental clarity

Serving suggestion



紅潤滋養五寶燉包

Five Treasures herbal soup blend



1. 潤澤氣色
Improve complexion and skin health
2. 營養補給
Nutritional supplementation
3. 產後補養
Supports postpartum nourishment

Serving suggestion



Vegan



Caffeine Free



Non GMO



No sugar Added



Plant Derived



No Additives

Product certification, Factory certification, Patented nano-extraction process



Line@



Official page



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